

Welcome to Adventist Medical Center's Diagnostic Imaging Department.

Your physician has referred you for a **SITZMARKS** study, which is an x-ray of your abdomen.

Following are instructions for you to follow to assure your exam is carried out successfully.

1. Ingest **SITZMARKS** gelatin capsule.
2. Return to the Diagnostic Imaging department 24 hours (day 1) from the time you ingested the **SITZMARKS** gelatin capsule for your x-ray of the abdomen. Please stop in patient registration first to register for your x-ray.
3. You will most likely be asked to return for a second abdominal x-ray (day 3, or 72 hours from the time you originally ingested the **SITZMARKS** capsule; once again, please stop in patient registration before coming to x-ray.) You will be notified prior to leaving the department if your exam is complete.
4. You may be asked to return on day 5 for an additional abdominal x-ray.

Should you have questions throughout the course of your exam, please contact Adventist Medical Center's Diagnostic Imaging department at: 503-251-6132.

Thank you.